

The Palea Poli Post

DECEMBER 2020 • ISSUE NO6 • 1ΔPX

A PALEA POLI FILM

Palea Poli's very first festive campaign is here showcasing an example of everyday kindness in a charming animated form.

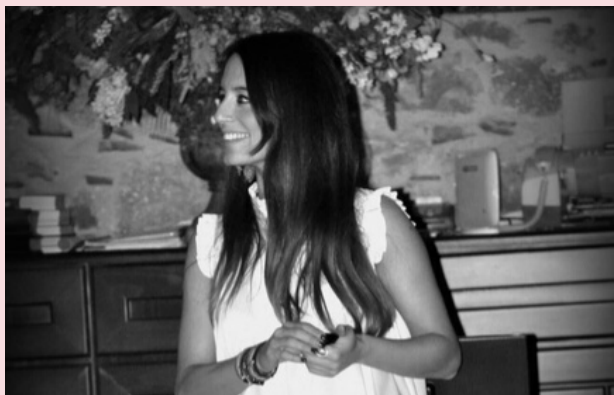
After the tumultuous events of the last 12 months we felt the need to do something truly exceptional.

Our inspiration and creative work went into production for a meaningful, truly unique project. All sketches are inspired from real life photos and joined together in the narrative of spreading kindness.

THE STORYLINE starring @Vanilla_the_Cocker, our happy, wagging tail, dog masquott, the happiest member of the family and the best consierge anyone had ever met, stays alone and devastated at Palea Poli during the lockdown pandemic. However, not everything is lost...

Watch the film on all our social media platforms @paleapoli or on our youtube channel.

#SpreadKindness



LETTER FROM THE EDITOR

December 2020,

This month's Letter from the Editor is:
An open letter to Santa.

Dear Santa,
this year things have taken a way that has paused our lives, our dreams, our smile. We live under the threat of losing our beloved ones. Many of us have lost them already and time has completely frozen. Some of us have been isolated for weeks or months, without any kind of interaction.

This year taught us a lesson that life is simpler than we think, the normal doesn't have to be what it used to be. This year taught us that nothing is given in this life, that each moment we live should be priceless, that instead of worrying so much for the routine stuff we deal every day, we should fight for our dreams and for our people.

Dear Santa, there is only one item in my wish-list for you. For all little and "big" children around the world, to have the pleasure to take a pen and write the letter to you next year with a smile on their face and peace in their heart, next to their beloved ones.

Dear Santa, do you remember my letters all those past years? A list packed of things and a single thank you line at the bottom. Dear Santa, this year please don't bring any present. Just don't take anyone with you.

Love,
Eleanna



GUEST EDITOR

AN EXCLUSIVE INTERVIEW WITH YOLANDA EDWARDS

When we hear her name, the lyrics of Parovoz Stellar "The Sun" burst into our minds: "Now I'm gonna tell my momma, That I'm a traveler, I'm gonna follow the sun".

She has been a Creative director of Condé Nast Traveler, an executive editor at Martha Stewart Living, an editor at Travel & Lifestyle and currently she founded Yolo Journal. Knowing this, you can imagine our excitement having Yolanda as our third Guest Editor in the series of the Palea Poli Post.

PP: Although guides claim more than a 100 types of tourism, if you had to choose a thematic tour, to join anywhere what would that be? Although we suppose that everyone's answer would be all the above, please choose your favorite: Archaeological tourism, Wine tourism, alternative tourism, religious tourism, culinary tourism, other.

YE: Culinary Tourism!

PP: Palea Poli is a 19th century house renovated with an exemplary way. Why is the importance of Renovation and refurbishment of historic buildings especially in urban areas.

YE: I think it is so important to keep our History around us, and with that- to restore and love our historic buildings- not to replace them with modern high rises with no History or personality.

PP: Where do people, in your opinion, find sources of inspiration? Where do you find yours?

YE: Everyone has their places that feed them - from movies to music to books to social media. I personally find mine when I am travelling!

PP: How would you describe your own perfect luxury experience?

YE: For me, Luxury is being in a place that resonates with me- where I feel like we are on the same page. I like authenticity, attention to detail, an understanding of environmental impact and a great location!

PP: If you only had 24 hours to get a taste of a hotel experience, what would you recommend guests must do? (in and outside of the hotel)

YE: I think you can do a lot in 24 hours! I would do my research before, and find one neighborhood near the hotel that has a lot of things to see and do in close proximity, and then I would make sure to save a lot of time to just be in a hotel. I always talk to the bartender, people watch at the bar, wake up and have a swim if the hotel has a pool- and try to explore every inch of the hotel!

PP: Do you have a vision for the future of travel?

YE: I hope that people start to travel with more intention, not just checking things off a list..and that they spend more time appreciating where they are instead of rushing through it.

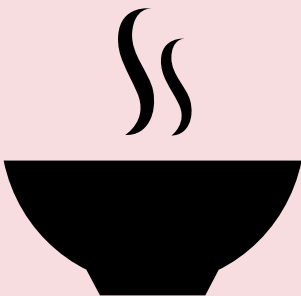
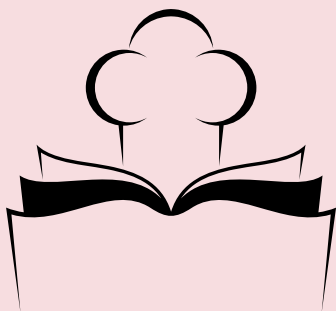
Thank you Yolanda for your time.
yolojournal.com; find Yolanda on Instagram @yolandaedwards and follow the renovation of her French home @maisonmedoc

Photo by Clara Hranek

LET'S EAT

1902's signature pumpkin soup

- 500 gr. pumpkin
- 3 potatoes
- 2 carrots
- 1 leek
- 1 onion
- 1 glove garlic
- 100 gr. whipping cream
- 50 gr. butter
- yoghurt
- marjoram
- rosemary
- salt
- pepper
- sweet paprika
- oil



METHOD

We clean and cut our vegetables into cubes. In a large saucepan put a little oil and sauté our vegetables for a few minutes. Then add water until covered, salt, pepper, marjoram and rosemary.

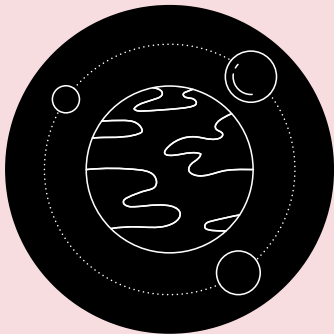
Boil for about 20 minutes until all our vegetables are soft. Strain the vegetables holding the water in a bowl.

Place the vegetables in portions in the blender together with a little broth and mash them until they become a uniform cream.

Put the mixture back in the pot and simmer on low heat for 3-4 minutes, adding the butter and cream.

If you want it more dilute, add extra broth.

ASTROLOGY



Zodiac Signs Crazy Meter

- **Aries** - All the way crazy
- **Taurus** - Low-key crazy
- **Gemini** - Crazy to an extend
- **Cancer** - Low-key crazy
- **Leo** - Crazy at least 4x a week
- **Virgo** - Low-key crazy
- **Libra** - Low-key crazy
- **Scorpio** - Batshit crazy
- **Sagittarius** - All the way crazy
- **Capricorn** - Crazy but has a reason
- **Aquarius** - Crazy to an extend
- **Pisces** - All the way crazy

ON THIS DAY

1' December
1891 - James Naismith creates a new game and calls it basketball.

2' December
1971 - Gulf emirates declare independence from Britain, creating the United Arab Emirates.

7' December
1941 - The Japanese with 200 aircraft destroy the American naval base of Pearl Harbor in Hawaii. Thousands were killed and injured.

10' December
1963 - George Seferis is awarded the Nobel Prize for Literature

16' December
1940 - The American magazine LIFE is published with a Greek tsolia on its cover.

17' December
1903 - At 10:35 a.m. Brothers Orville and Wilbur Wright are making their first motorized world flight in North Carolina. Their flight lasts 1 minute, covering 850 feet. (US Air Force Day).

19' December
1997 - James Cameron's film "Titanic", which is the first in box office in the history of cinema, premieres in American theaters.

22' December
1882 - Thomas Edison decorates the first Christmas tree with lanterns.

23' December
1968 - Astronauts Bormann, Lovell and Anders of the Apollo 8 spacecraft become the first people to orbit the Moon.

24' December
1818 - Franz Josef Gruber composes the song "Silent Night". It will be presented to the public the next day and will remain until today one of the emblematic Christmas songs.

25' December
376 - The celebration of Christmas on December 25 is established in the eastern part of the Roman Empire (Byzantine).

27' December
537 - The openings of Hagia Sophia are taking place, a work of the architects Anthemios and Isidoros. The emperor Justinian exclaims triumphantly: "Victorious in **Solomon**".

St. Nick was more generous than jolly

You probably already knew that the idea of Santa Claus came from St. Nickolas, but the real saint wasn't a bearded man who wore a red suit. That all came much later. According to legend, the fourth-century Christian bishop gave away his abundant inheritance to help the needy and rescued women from servitude. His name was Sinter Klaas in Dutch, which later morphed into Santa Claus. The rest of the trappings followed.

DID YOU KNOW?



QUOTE OF THE MONTH

“ Christmas is a necessity. There has to be at least one day of the year to remind us that we are here for something else besides ourselves. ”

Eric Severeid

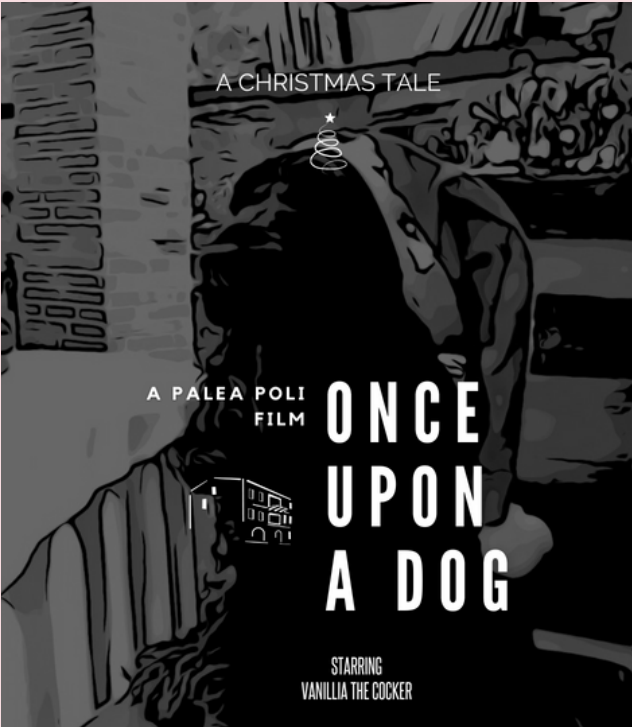
MOVIE OF THE MONTH



" Once Upon a Dog "

A Palea Poli Film

A CHRISTMAS TALE.



RECOMMENDATION OF THE MONTH.

Our beloved Naoussa, this little jewel in the middle of Macedonia, is very well know domestically for its abundant natural beauty and its mountains! Since good things come in pairs, Naoussa offers you not one, but two ski resorts on its doorstep, ideal for your winter getaway!

The ski center of 3-5 Pigadia (2000m) is located on the west side of mount Vermio and 17km away from our hotel. Fully equipped with an artificial snow system, long runs suitable for all levels of skiers, ski schools, live events and equipment hiring at very reasonable rates, 3-5 Pigadia is by all means, one of the best ski resort in the country.

Our second recommendation, is called Seli (1900m) and it is located on the east side of mount Vermio, just above the traditional village of Seli and is considered the birthplace of skiing in Greece, operating since 1934.

Whether you are a ski or mountain lover, rest assured that both destinations will take your Naoussa experience to another level, creating memories to last!

